

Internship: CSA Partnerships for Health

Various locations, Portland and Gresham, Oregon

Position Type: Volunteer



CSA Partnerships for Health connects local farms and health centers for well-nourished communities. The partnership provides a creative, engaging solution to improve food access and promote wellbeing by turning community health centers into vibrant neighborhood spaces which distribute food from local farms. Patients receive a 22-week “prescription” of vegetables and whole grains delivered to their homes.

From June through October, members will have a box of local fresh vegetables, recipes for healthy dishes, literature on how to prepare produce delivered right to their homes! This program also helps to build supportive networks that lead to improved health outcomes and a higher quality of life. CSA Partnerships for Health supports individual health, the prosperity of our local food system, and is working with insurers to provide coverage for fresh fruits and vegetables, just like prescription medication.

Find out more on our website: www.zengerfarm.org/csa/csap4h

What we are looking for...

We are looking for volunteer drivers to help deliver CSA shares across the Portland metro area. Volunteers will pick up between 12-20 CSA shares from one of our partner farms and deliver to our CSA members' homes. Volunteer Drivers will use their personal vehicles and smartphones to navigate the routes. We use a routing app that all Volunteer Drivers will use to deliver CSA shares and report back any important information back to the CSA Partnerships for Health Team. The Program Manager will provide guidance and training on how to use technology prior to the first delivery day.

Summer 2021

- Weekly Schedule*:
 - Tuesdays 11-2pm at Zenger Farm, Portland, OR
 - Wednesday 9-12pm at Full Cellar Farm, Boring OR
 - Thursdays 2-5pm at Mudbone Grown LLC, Corbett OR
 - Fridays 9-1pm at Zenger Farm, Portland OR

*Please indicate which days you're available to volunteer.

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Qualifications

- Driver must be 18 years and older.
- Must submit valid driver's license and auto insurance.
- Successfully complete and pass a criminal background check.
- Lifting up to 25lbs repetitively and an SUV or vehicle with the back seats down required. (Mileage reimbursement provided.)
- Willingness to use your own vehicle to deliver CSA shares to assigned addresses.
- Access to smartphone
- Positive, can-do attitude
- Self-motivated with the ability to work independently and reliably without supervision
- Experience and knowledge of the Microsoft Office Suite, desired.
- Prior experience working with diverse populations, desired
- Bilingual English/Spanish or English/Somali, desired

Benefits

- Mileage reimbursement
- Develop skills while volunteering on an innovative project focused on different aspects of food access, nutrition, local food systems, and public health
- Make connections/network in the public health field.

Interested in becoming a Volunteer Driver? Contact Nicky Ulrich, CSAP4H Program Manager, at Nicky@ZengerFarm.org