



HERB POPCORN

ZENGER FARM



Let's make Herb Popcorn! It's a yummy fun snack that anyone can make!



What you need: 1 paper bag, 1/3 cup unpopped popcorn, 1 teaspoon vegetable oil, 1/2 teaspoon salt, fresh or dried herbs



Put the unpopped popcorn into the bag with the oil. Fold the bag to close it.



Put it in the microwave on high for 2-3 minutes. Listen for the popping sounds and stop when they slow down.



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When it's done popping, wait a few minutes. The bag will be very hot when you open it!



Pour the popcorn into a bowl and add more oil or butter and salt



Tear the herbs into little pieces or use scissors to cut them. Sprinkle on top and mix them into your popcorn.



Yum! Enjoy this delicious herb popcorn and share it with a friend!

Send us photos of your project! andy@zengerfarm.org or Facebook and Instagram @zengerfarm!